

Nephrology Division Newsletter

January – February 2012



Announcements

- ❖ **Kirsten Johansen, MD** will assume the newly-created Deputy Editor position with the Clinical Journal of the American Society of Nephrology starting March 1.
- ❖ **Carmen Peralta, MD** was a keynote speaker at a recent Brigham and Women's Hospital Alumni Celebration. She also served as an ad hoc member of the NIH Kidney, Nutrition, Obesity and Diabetes (KNOD) study section February 6-7.
- ❖ **Dr. Lynda Frassetto** was interviewed on KPIX/CBS TV station about her research on the "paleolithic diet." She advanced the hypothesis that humans are better physiologically adapted to consume a diet more similar to the ones our pre-agricultural human ancestors ate, one based on meats, fish, fruits, vegetables, nuts, and leafy greens. In contrast, the typical American gets ~2/3 of daily calories from grains, dairy products and junk foods. Making this switch often leads to lower blood pressures, less insulin resistance and improved lipid profiles and weight loss.
- ❖ **Allison Webber, MD** published a paper: "Mean arterial blood pressure while awaiting kidney transplantation is associated with the risk of primary nonfunction." [Transplantation](#). 2012 Jan 15;93(1):54-60.



Fellowship Program

- ❖ We held our Annual Nephrology Fellowship Review on February 8, 2012. Thanks to all faculty and fellows who attended and joined in the discussion.



Accomplishments and Awards

- ❖ **Dr. Cynthia Delgado** was awarded a VA Career Development award which will start later on this year.
- ❖ **Dr. Kerry Cho and Dr. Chi-yuan Hsu** were named as "[415] Top Doctors" in a recent issue of the Marin Magazine (<http://www.marinmagazine.com/Marin-Magazine/415-Top-Doctors/About/index.php>).

Congratulations to all our award-winning faculty, fellows and staff.